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Homemaker News

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U. S. Department of Agriculture

More Clothing Will Save Fuel

Lower indoor temperatures in many _____ homes this winter, due to shortages of fuel oil and coal, will call for warmer clothing for all members of the family, _____ says.

A search through closets and trunks may uncover forgotten garments that may be used to provide a little extra warmth in cooler rooms.

Old garments, too faded, shabby or outgrown, may be remodeled into clothing to supplement regular clothing budgets.

For example, the best sweaters will be wanted for school or town wear. But there may be some old sweaters or other knitted garments that could be brought back into service. If they are worn under a jacket or even a house dress their appearance does not matter seriously.

"However, it would be too bad if everyone had to look unattractive merely to keep warm, and if there is any way of mending, blocking, or otherwise reclaiming old knitted garments, the effort of fixing seems worth while," _____ says.

Another type of extra garment to ward off cold is a sleeveless vest--sleeveless if worn under a dress or suit jacket. Sometimes one could be made from parts of an outworn woolen dress by using a plain waist pattern and finishing around all edges. A garment of this sort can also be made by quilting two layers of cotton or rayon with an inner lining between. For younger members of the family very attractive quilted vests and jackets to wear in the house have been made of patching pieces.

The floor of a cold room may be several degrees colder than the air at sitting level. To protect the feet when one is in a chilly room for some time, heavier socks or stockings may be worn over the regular hose. For cold feet at night, bed socks can be either knitted or crocheted or made of woolen scraps.

